

day-to-day me

Table of Cover effective from June 12th 2018

This table of cover must be read in conjunction with your member certificate and Health Plans membership handbook effective from June 2018.

Day-to-day Benefits (subject to excess)	
Individual Day-to-day excess	€1
Day-to-day Practitioners (Benefits can be pooled)	
GP Visits	€30 x 3 visits
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Dentist Visits	€30 x 3 visits
Physiotherapy visits	€30 x 3 visits
Allied Health Professionals and Alternative Practitioners (Benefits can be pooled)	
Acupuncturist	€30 x 3 combined visits
Chiropodist	€30 x 3 combined visits
Chiropractor	€30 x 3 combined visits
Dietician	€30 x 3 combined visits
Homeopath	€30 x 3 combined visits
Massage therapist	€30 x 3 combined visits
Medical herbalist	€30 x 3 combined visits
Occupational therapist	€30 x 3 combined visits
Osteopath	€30 x 3 combined visits
Physical therapist	€30 x 3 combined visits
Reflexologist	€30 x 3 combined visits