## Optimise Platinum with Day to Day

## **Table of Cover effective from November 1st 2018**

This table of cover must be read in conjunction with your member certificate and Health Plans membership handbook effective from November 2018. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

In Patient Benefits			
Hospit	Hospital Cover		
Consultant fees	Covered		
Inpatient Scans	Covered		
Public Hospital			
Semi Private Room	Covered		
Private Room	Covered		
Day Case	Covered		
Private Hospital			
Semi Private Room	Covered		
Private Room	Covered		
Day Case	Covered		
High Tech Hospital			
Semi Private Room	Covered		
Private Room	Covered		
Day Case	Covered		
Listed Cardiac Procedures <sup>(1)</sup>	Covered		
Listed Special Procedures <sup>(1)</sup>	Covered		
Maternit	y Benefits		
Public hospital cover for maternity	3 nights accommodation		
Grant-in-aid amount	Covered up to €3,850		
Home birth	Covered up to €3,850		
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>		
Newborn free till next renewal	Yes		
Postnatal Domestic Support	3 x 3 hour cleaning sessions		
Postnatal Support	2 x 3 hour sessions with postnatal supporter		
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 4 hours with postnatal supporter		
Home Early Support following 2 nights stay in hospital	1 hour midwife and 3 x 3 hours with postnatal supporter		
Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist		
GentleBirth App	See handbook for details		

Cord blood stem cell preservation	€600 contribution single child & identical twins or €900
	contribution non identical twins
Breastfeeding consultancy	€25 x 2 sessions
Partner benefit	€50 x 2 days travel, accommodation & child minding expenses
A&E A	Abroad
Hospital bill for inpatient treatment	Covered up to €100,000
Repatriation expenses	Covered up to €1 million
Expenses for companion who remains with you	Covered up to €1,500
Companion repatriation expenses	Covered up to €1,500
24 hour telephone assistance	Covered
Elective Over	seas Referrral
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland
Psychiatric	Treatment
Not related to substance abuse	180 days (up to the level of Hospital Cover provided under your plan)
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)
Other E	Benefits
Oncotype DX	Covered
Health in the Home	Covered (Immediately following an inpatient stay)
Minor Injury Clinic Cover	75% up to €500 per visit
Convalescence benefits	€75 x 16 days
Child Home Nursing	€100 x 21 days (following an inpatient stay of minimum 5 days)
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)
Point of Care: Day case procedure for Rheumatology & Chemotherapy	Covered
Post Operative Home Help	3 x 3 hour cleaning sessions
Alternative amount for Post Operative Home Help	€120
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year
Medicall ambulance costs	Covered (refer to Membership Handbook)
Stress Management Line	365 days stress line

Outpatient Benefits (not subject to excess)	
Nurse on call	Covered
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.
Antenatal Class	€75 towards an antenatal class, or, €75 contribution & 10% point of sale discount with GentleBirth Workshop
Maternity Mental Health Support	€40 x 10 sessions with Nurture
HPV Vaccine	50% up to €200 per policy year
Health screening	Full cover for Platinum Health Screening in an approved hi-tech or private hospital once per policy year

Vaccinations: Travel Only	€50 per year
MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered

Outpatient Benefits (subject to excess)	
Outpatient excess per person	€1
Maximum amount of outpatient benefits per member per policy year	€4000
Manual Lymph Drainage	€40 x 5 visits
Psycho-oncology Counselling	€40 x 5 visits
Emergency Dental Care	€450
Consultant fees	€150 per visit, unlimited
Pre/Post natal medical expenses	€400
A&E Cover (in choice of High Tech, Private and Public Hospitals)	€150 contribution towards A&E visit in any hi-tech, private or public hospital once per policy year
Home Nursing	€40 x 20 days
Medical and surgical appliances	As per specified list <sup>(3)</sup>
Pathology: Cost of test	Covered
Pathology: Consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>
Radiology: Cost of test	Covered
Radiology: Consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>
MRI Scan: non approved centre	€350
CT Scan: non approved centre	€200
PET-CT Scan: non approved centre	Not covered on this plan

Day-to-day Benefits (subject to excess)	
Individual Day-to-day excess	€1
Day-to-day Practitioners	
GP Visits	€30 x 15 visits
Dentist Visits	€30 x 8 visits
Physiotherapy visits	€30 x 8 visits
Allied Health Professionals and Alternative Practitioners	
Acupuncturist	€30 x 8 visits
Chiropodist	€30 x 8 visits
Chiropractor	€30 x 8 visits
Dietician	€30 x 8 visits
Homeopath	€30 x 8 visits
Massage therapist	€30 x 8 visits
Medical herbalist	€30 x 8 visits
Occupational therapist	€30 x 8 visits
Osteopath	€30 x 8 visits

Physical therapist	€30 x 8 visits	
Reflexologist	€30 x 8 visits	
Other Day-to-day Benefits (Benefits can be pooled)		
Consultant fees	€70 per visit	
Pre/Post natal medical expenses	50% up to €250	
Hearing Test	€30 x 1 visit	
Prescriptions	50% up to €25 per annum	
Child speech and language therapist	€30 x 8 visits	
Child counselling	€30 x 8 visits	
Manual lymph drainage	50% up to €25 x 8 visits	
Psycho-oncology counselling	50% up to €25 x 8 visits	
Glasses / lenses	€60 once every 2 yrs	
Eye Test	€30 x 1 visit	
Health Screen	€100 per annum	
Pathology: Cost of test	50% Cover	
Pathology: Consultant fees	50% as per schedule of benefits for professional fees <sup>(2)</sup>	
Radiology: Cost of test	50% Cover	
Radiology: Consultant fees	50% as per schedule of benefits for professional fees <sup>(2)</sup>	
Please note that certain eligible benefits can be claimed either as a day to day benefit or as an outpatient benefit.		

Member Benefits	
Back Up	International Second Opinion Service
Laser Eye Surgery	Smiles Dental Access Package
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of www.irishlifehealth.ie	

The level of benefit payable will be the greater of either day to day or outpatient.

## **Footnotes**

- (1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.
- (2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.
- (3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.