## **Optimise Platinum**

## **Table of Cover effective from November 1st 2018**

This table of cover must be read in conjunction with your member certificate and Health Plans membership handbook effective from November 2018. The hospitals and treatment centres covered on this plan are set out in List 1 in Part 12 of your Health Plans membership handbook.

Hospital Cover		
Consultant fees	Covered	
Inpatient Scans	Covered	
•	Covered	
Public Hospital		
Semi Private Room	Covered	
Private Room	Covered	
Day Case	Covered	
Private Hospital		
Semi Private Room	Covered	
Private Room	Covered	
Day Case	Covered	
High Tech Hospital		
Semi Private Room	Covered	
Private Room	Covered	
Day Case	Covered	
Listed Cardiac Procedures <sup>(1)</sup>	Covered	
Listed Special Procedures <sup>(1)</sup>	Covered	
Maternity Benefits		
Public hospital cover for maternity	3 nights accommodation	
Grant-in-aid amount	Covered up to €3,850	
Home birth	Covered up to €3,850	
Inpatient maternity consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>	
Newborn free till next renewal	Yes	
Postnatal Domestic Support	3 x 3 hour cleaning sessions	
Postnatal Support	2 x 3 hour sessions with postnatal supporter	
Home Early Support following 1 night stay in hospital	2 hours midwife and 3 x 4 hours with postnatal supported	
Home Early Support following 2 nights stay in hospital	1 hour midwife and 3 x 3 hours with postnatal supporter	
Welcome Home Food Hamper	Hamper and 30 minute phone consultation with a nutritionist	
GentleBirth App	See handbook for details	
Cord blood stem cell preservation	€600 contribution single child & identical twins or €900 contribution non identical twins	

Breastfeeding consultancy	€25 x 2 sessions	
Partner benefit	€50 x 2 days travel, accommodation & child minding expenses	
A&E Abroad		
Hospital bill for inpatient treatment	Covered up to €100,000	
Repatriation expenses	Covered up to €1 million	
Expenses for companion who remains with you	Covered up to €1,500	
Companion repatriation expenses	Covered up to €1,500	
24 hour telephone assistance	Covered	
Elective Over	seas Referrral	
Benefit abroad for surgical procedures that are available in Ireland	Yes - subject to level of cover available in Ireland	
Benefit abroad for surgical procedures that are not available in Ireland	Yes - up to the amount for the most similar surgical procedure to treat the same condition in Ireland	
Psychiatric Treatment		
Not related to substance abuse	180 days (up to the level of Hospital Cover provided under your plan)	
Related to substance abuse	91 days per 5 years (up to the level of Hospital Cover provided under your plan)	
Other l	Benefits	
Oncotype DX	Covered	
Health in the Home	Covered (Immediately following an inpatient stay)	
Minor Injury Clinic Cover	75% up to €500 per visit	
Convalescence benefits	€75 x 16 days	
Child Home Nursing	€100 x 21 days (following an inpatient stay of minimum 5 days)	
Parent accompanying child	€40 x 14 days (not payable for the first 3 days)	
Point of Care: Day case procedure for Rheumatology & Chemotherapy	Covered	
Post Operative Home Help	3 x 3 hour cleaning sessions	
Alternative amount for Post Operative Home Help	€120	
Cancer Support Benefit (for accommodation expenses when travelling more than 50km)	Up to €100 per day up to a maximum of €1500 per calendar year	
Medicall ambulance costs	Covered (refer to Membership Handbook)	
Stress Management Line	365 days stress line	

Outpatient Benefits (not subject to excess)		
Nurse on call	Covered	
Digital Doctor	Unlimited. See irishlifehealth.ie for further information.	
Antenatal Class	€75 towards an antenatal class, or, €75 contribution & 10% point of sale discount with GentleBirth Workshop	
Maternity Mental Health Support	€40 x 10 sessions with Nurture	
HPV Vaccine	50% up to €200 per policy year	
Health screening	Full cover for Platinum Health Screening in an approved hi-tech or private hospital once per policy year	
Vaccinations: Travel Only	€50 per year	

MRI Scan: approved centre	Covered
CT Scan: approved centre	Covered
PET-CT Scan: approved centre	Covered

Outpatient Benefits (subject to excess)		
Outpatient excess per person	€1	
Maximum amount of outpatient benefits per member per policy year	€4000	
Manual Lymph Drainage	€40 x 5 visits	
Psycho-oncology Counselling	€40 x 5 visits	
Emergency Dental Care	€450	
Consultant fees	€150 per visit, unlimited	
Pre/Post natal medical expenses	€400	
A&E Cover (in choice of High Tech, Private and Public Hospitals)	€150 contribution towards A&E visit in any hi-tech, private or public hospital once per policy year	
Home Nursing	€40 x 20 days	
Medical and surgical appliances	As per specified list <sup>(3)</sup>	
Pathology: Cost of test	Covered	
Pathology: Consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>	
Radiology: Cost of test	Covered	
Radiology: Consultant fees	As per schedule of benefits for professional fees <sup>(2)</sup>	
MRI Scan: non approved centre	€350	
CT Scan: non approved centre	€200	
PET-CT Scan: non approved centre	Not covered on this plan	

Member Benefits		
Back Up	International Second Opinion Service	
Laser Eye Surgery	Smiles Dental Access Package	
For full details on the above and all member benefits available to you please visit the 'Member Benefits' section of <a href="www.irishlifehealth.ie">www.irishlifehealth.ie</a>		

## Footnotes

- (1) All procedure lists are available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.
- (2) The schedule of benefits is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.
- (3) The medical and surgical appliances list is available on www.irishlifehealth.ie or available on request by calling Irish Life Health on 1890 717 717.